

Health and Safety Programs

Life Support Training Programs

Basic Life Support

Basic Life Support (BLS) is a level of medical care used in emergency, life-threatening situations. It can help people who are choking, drowning or are suffering from cardiac arrest, and it can make the difference between life and death for some people. Our first aid training delivers the latest information in the best possible manner.

Target Audience Healthcare Professionals

Course Description

- Introduction to Basic Life Support
- Chain of Survival
- 1 & 2 Rescuer Adult CPR (Demo & Practice)
- 1 & 2 Rescuer Child CPR (Demo & Practice)
- 1 & 2 Rescuer Infant CPR (Demo & Practice)
- Use of AED in Adult, Child & Infant
- Relieving Choking in Adult, Child & Infant
- Participant's Query session
- Post Training Evaluation & Feedback

Training Methodology

- Discussion & Interaction
- PowerPoint, Audio & Video presentations
- Scenario based Roleplays
- Demonstrations
- Skill Practice by Participants*
- Evaluation

Course Highlights

- Duration: 6 Hours
- Certification: GDGH, IAO
- Validity: 1 Year
- Mode of Training: Online/Offline

